

Dear Guests,

Greetings from Los Sueños Marriott Ocean & Golf Resort.

Thank you for your interest in our Resort. We are looking forward to your visit At Los Sueños Tours we organize your transportation to and from the hotel, car rentals, tours & excursions, sport fishing, golf, spa services, local activities and much more.

Attached you will find all the details in order to start planning your "Dream Vacation" at Los Sueños Marriott.

Please feel free to contact us at (506) 630-9058, Fax (506) 630-9068 or e-mail us at mlsuenos@racsa.co.cr

Our staff will be glad to assist you in making all the necessary arrangements so you may have a memorable stay in our Hotel.

Los Sueños Tours



TRANSPORTATION INFORMATION

SHUTTLE SERVICE

Daily shuttle leaving from Costa Rica Marriott to Los Sueños at 3:00 pm
Daily shuttle leaving from Los Sueños Marriott to Costa Rica Marriott (via airport) at 8:00 am. Rate - \$25/person. Each way. Children 3 - 12 half price.

Free shuttle from the airport to the Costa Rica Marriott.

PRIVATE TRANSFERS

- Private Transfer Service is also available upon request. Rate -\$100.00 each way. (1-4 PERSONS + \$10 each additional)
 - Personalized service with assistance at the airport.

DEEP SEA FISHING

Los Sueños Marina

It will not be long before the secret is out that the absolutely best destination for deep-sea fishing off the abundant waters of the Pacific Ocean is Los Sueños! Located right in the middle of the best fishing grounds on the Pacific Coast, those of Quepos, Cabo Blanco and Carrillo, with the fish biting anywhere from only 20 minutes to an hour out.

We are offering some of the best boat charters found in Costa Rica, including brand new 32 foot, 36 foot Luhr Sport Fisher Boats and a 37 foot Boat. These boats are conveniently docked at the spectacular new Marina at Los Sueños, a minutes walk from the hotel. Naturally, the Captains of these boats are among some of the best in the country, all with world-class records. All boats are full day or half-day charters, with top of the line Penn Equipment, live bait, box lunches (full day only), cold drinks and everything you need for a spectacular day of fishing. (Fishing license not included).

BOAT RATES

| Boat Name | Size | Model | Full Day | Half Day | Guests |
|------------------|---------|------------|-----------------|-----------------|-----------|
| Cap Tom | 37 Feet | 37 Custom | \$1000.00 | \$800.00 | 5 guests |
| Dream II | 32 Feet | 320 Open | \$1000.00 | \$775.00 | 4 guests |
| Dream I | 36 Feet | 360 sx | \$1100.00 | \$850.00 | 5 guests |
| Hoss Up | 30 Feet | 370 hp | \$900.00 | \$700.00 | 5 guests |
| Magalita | 25 Feet | Palm Beach | \$675.00 | \$475.00 | 3 guests |
| Cazador | 37 Feet | Sport F | \$1100.00 | \$850.00 | 4 guests |
| Off the Hook | 50 Feet | Sport F | \$1600.00 | \$1000.00 | 8 guests |
| Carcharadon | 64 Feet | Sport F | \$3000.00 | \$2450.00 | 10 guests |
| Real Pleasure | 34 Feet | Sport F | \$1000.00 | \$800.00 | 6 guests |
| Fandango | 31 Feet | Palm Beach | \$800.00 | \$600.00 | 4 guests |
| Hoss Up | 30 Feet | 370 hp | \$900.00 | \$700.00 | 5 guests |
| Off the Hook | 50 Feet | Sport F | \$1600.00 | \$1200.00 | 8 guests |
| Red Baron | 45 Feet | Haterras | \$1250.00 | \$1100.00 | 7 guests |
| Zarpe | 41 Feet | Haterras | \$1250.00 | \$1050.00 | 7 guests |
| Bob Cat | 31 Feet | | \$950.00 | \$700.00 | 5 guests |
| Terry Lee | 29 Feet | | \$590.00 | \$390.00 | 5 guests |
| El Dorado | 25 Feet | | \$600.00 | \$480.00 | 4 guests |

LOS SUEÑOS TOURS

Carara National Park

This fascinating tour takes you into the nearby National Park for a walk through the trails with a naturalist tour guide. Carara is well known for its diversity in flora and fauna, being a transitional forest with a combination of the eco system from both the dry tropical forest and the humid rainforest. It is also home to a large population of the rare Scarlet Macaws.

- Half Day \$50.00
- Departs at 7:30am and 1:30pm
- Duration approx. 4 hours (2 guest minimum)

Mangrove and Crocodile Adventure

This adventure takes place in the waterways and mangroves surrounding the mouth of the Tarcoles River. Your experienced naturalist guide will explain the importance of this unique eco- system, while pointing out the great variety of birds to be found in the area. Slowly cruise along the river in a special boat for optimum viewing, and watch with wonder as you enter the habitat of the enormous crocodiles.

- Half Day \$60.00
- Departure time depends on tide table.
- Duration approx. 4 hours (2 guest minimum)

Canopy Tour

This exciting tour is a thrill of a lifetime as you traverse through the tropical forest on a system of platforms and cables. Using very safe equipment and in the hands of expert guides, you climb to the tree tops for a birds eye view, and then experience the exhilaration as you rapidly glide between each platform.

- Half day \$60.00
- Departs at 7:40am, 10:40am, 1:40pm
- Duration approx. 3 hours (2 guest minimum)

Horseback Riding

This is one of the best ways to enjoy the tropical scenery exploring the countryside by horseback, mountains, and panoramic vistas. This is a real adventure for all ages. Expert guides on all horsebackriding tours, and there are horses available for all levels of riders.

- Refreshments
- Half Day \$69.00
- Departs 8:00am and 2:30pm
- Duration approx. 3 hours (2 guest minimum)



Paddle through the warm waters enjoying this popular sport, the perfect way to appreciate nature and the beautiful scenery of the Pacific coastline. Your kayak guide will also take you to a great place for snorkeling, where you will quickly be surrounded by a wide variety of Tropical fish.

- Refreshments
- Half Day \$55.00
- Departs 7:50 am and 2:00pm
- Duration 3 ½ hours (2 guest minimum)

Manuel Antonio National Park

The diverse wildlife, including monkeys, iguanas and sloths are just some of the attractions of this beautiful National Park, along with the white sandy beaches and blue waters of this Pacific Paradise. Your naturalist guide will take you for informative walks along the park trails, as well as plenty of time to enjoy some of the best beaches in the Central Pacific.

- Lunch
- Full Day \$75.00
- Departs 7:30am,
- Duration 8 hours (2 guest minimum)

Arenal Volcano & Tabacon Hot Springs

Drive through some of the most scenic countryside, including mountains, rainforests, valleys and ideally pastoral scenes enroute to Costa Rica's most active volcano. This famous volcano is an awesome spectacle, with its constant eruptions. Time will also be spent at Tabacon Resort, a unique experience to rejuvenate oneself while relaxing in the thermal hot springs.

- Lunch & Dinner
- Full Day \$105.00
- Departs 8:00am
- Duration 12 hours (4 guest minimum)

Poas Volcano & Sarchi

This tour combines some of the best attractions of the country in one, including the scenic drive right up to the top of Poas Volcano, passing through coffee plantations, and cloud forest. A short hike will take you to see one of the largest craters in the world, an impressive sight with an emerald green lake at the bottom. Then a visit to Sarchi, home of the arts and crafts of Costa Rica, such as the ox carts, and wooden furniture.

- Lunch
- Full Day \$75.00
- Departs 7:30am
- Duration 9 hours (4 guest minimum)



This exciting tour is a true adventure, a trip of pure fun, unsurpassed beauty, exuberant vegetation and exploding white water. The Savegre River is class 3 rapids, great for the adventuresome beginner and the experienced rafter alike.

- Breakfast & Lunch
- Full Day \$95.00
- Departs 6:45am
- Duration 10 hours (4 guest minimum)

Bijagual Waterfalls

One of the true adventures, this tour goes off the beaten track, deep into the jungle to discover some of Costa Rica's highest waterfalls. The tour combines a 45-minute horseback ride up the mountains, and then a hike, where you will first hear the tremendous sound of the waterfalls. Time to take a plunge into the invigorating waters of the naturally formed pools.

- Refreshments
- Half Day \$65.00
- Departs 7:30am
- Duration 5 hours (4 guest minimum)

Cruise to Isla Tortuga

The islands in the Gulf of Nicoya are the perfect destination for a relaxing sunfilled day. Board a comfortable yacht to cruise through the tranquil waters of the Gulf of Nicoya and anchor off the beautiful white sand beach of the Isla Tortuga. Once on the island there will be plenty of time to enjoy this paradise, basking in the sun, dozing in a hammock, swimming or snorkeling.

In the meantime, the crew is preparing a delicious lunch.

- Lunch
- Full Day \$89.00
- Departs 9:00 am
- Duration 10 hours

SkyWay Tour at Villas Lapas

This fascinating walk through a nearby private forest reserve is an excellent way to enjoy the tropical forest, and appreciate the naturalist guide as he or she interrupts the forest for you. Walk over a series of suspension bridges, high over and through the canopy of the forest.

- Half Day \$55.00
- Departs 8:15am & 2:15pm
- Duration 4 hours (2 guest minimum)

STELLARIS CASINO

Located at Los Sueños Marriott Ocean & Golf Resort offers 21, Roulette, Slot Machines, Craps and Caribbean Stud Poker locally known as Tute.

Test your skill and get ready to win some cash!! The friendly dealers welcome your questions on any game... the place to learn in a nonintimidating atmosphere!

- Luxury card tables are made in London from the prestigious John Huxley brand
- Six tables, including 2 Black Jack tables, 3 Poker tables, Roulette and a new Craps
- Slot Machines
- Complimentary cocktails for all players
- Enjoy complimentary Casino lessons in a casual environment. Select Spirits (local alcoholic drinks), are compliments of the house for players 18 years and older just for playing in our casino.
 - The Casino is open every day from 2:00pm to 1:00am

LA IGUANA GOLF COURSE

The 18-hole, par 72-championship course designed by golf course architect, Ted Robinson Jr. combines incredible scenery with challenging golf. It's a unique golf experience that will impress you while playing in this tropical paradise surrounded by exuberant vegetation, and catching glimpses of monkeys, iguanas, pizotes (coati) and toucans.

- Tee-times are from 6:00am 5:00pm
 - Driving Range open from 7:00am 4:00pm
- Golf Instructions from 6:00am 4:00pm

These are some of the services available:

- Professional PGA golf lessons
- Private lessons on specific areas of your game and or developing game techniques
- Golf clinics for groups of 5 or more
- Digital swing analysis V1 system
- Callaway club rentals
- Foot- Joy shoe rentals
- Club cars
- Golf Guides
- Pro Shop offers a fine line of merchandise, including Polo, Slazenger, Tommy Hilfiger, Bette & Court, Foot Joy, Byron Nelson, Bolle, Titleist
- Annual memberships



HOLE BY HOLE

| Hole | Name | Yardage | Par | Hole | Yardage | Name | Par |
|-------|-------------|---------|-----|------|---------|--------------------------|-----|
| 1 | Nuevo Mundo | 578 | 5 | 10 | 187 | El Pirate | 3 |
| 2 | El Cacique | 449 | 4 | 11 | 505 | El Pochote | 5 |
| 3 | Los Congos | 325 | 4 | 12 | 462 | Su Majestad | 4 |
| 4 | El Tucan | 545 | 5 | 13 | 527 | La Culebra | 5 |
| 5 | La Mariposa | 379 | 4 | 14 | 188 | La Guacamaya | 3 |
| 6 | El Brujo | 172 | 3 | 15 | 403 | El Conquistador | 4 |
| 7 | Pura Vida | 324 | 4 | 16 | 316 | La Iguana | 4 |
| 8 | La Ceiba | 182 | 3 | 17 | 338 | El Dorado | 4 |
| 9 | La Siesta | 430 | 4 | 18 | 397 | La Conquista del Paraíso | 4 |
| Front | | 3384 | 36 | Back | 3323 | | 36 |

COURSE AND SLOPE RATINGS

| Tee Makers | Yardage | Slope Rating | Course Rating |
|------------|---------|--------------|----------------------|
| Gold | 6707 | 140 | 73.4 |
| Blue | 6305 | 138 | 71.6 |
| White | 5911 | 133 | 69.7 |
| Red | 5333 | 129 | 71.6 |

POSEIDON FITNESS & SPA

Enriched with precious ingredients from Costa Rica and its Rainforest, the luxurious treatments presented by **Poseidon Fitness & Spa** at Los Sueños Marriott Ocean & Golf Resort are the ultimate indulgences.

This haven of beauty and wellness provides the latest in massages, Spa therapies, body treatments and skin care. The quality of such unique treatments is unusual and rare: to achieve the standards of excellence essential to deliver these techniques requires a team of therapists who are grounded as individuals, qualified as professionals, and caring as guardians of their clients.

Our Fitness Center features weight training and cardiovascular equipment, as well as two tennis courts.

Poseidon Fitness & Spa provides you with an attractive variety of treatments, which will enhance your Resort Experience in Los Sueños providing you with a pure Costa Rican experience.

NATIONAL RENT A CAR

Driving on your own and exploring this small and wonderful country with its varied wildlife and beautiful scenery is a great adventure.

| Type of Vehicle | Price per Day |
|-------------------------------|----------------------|
| Yaris Manual | \$62.50 |
| Yaris Automatic | \$65.50 |
| Corolla Manual | \$69.50 |
| Cuore Manual | \$51.50 |
| Sirion Manual | \$57.50 |
| Corona Automatic | \$85.50 |
| Microbus Toyota Hiace | \$125.50 |
| RAV 4 Manual Full Extras | \$95.90 |
| RAV 4 Automatic | \$105.50 |
| 4 Runner Manual and Automatic | \$140.50 |
| Prado Manual | \$165.50 |
| Prado Automatic | \$165.50 |
| Terios Manual | \$81.50 |

